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# Calreticulin and JAK2<sup>V617F</sup> Mutations in **Essential Thrombocythemia and Their Potential Role in Diagnosis and Prognosis**

# Abstract

Introduction: Mutation in calreticulin (CALR) has been recently detected in essential thrombocythemia (ET) patients lacking JAK2<sup>V617F</sup> mutation. The absence of JAK2<sup>V617F</sup> mutation in 50% of patients with ET has indicated the importance of new markers for disease diagnosis, including CALR. Considering the detection of CALR in these patients, in this paper we study the structure and function of CALR protein and JAK2<sup>V617F</sup> as well as their diagnostic and prognostic role in ET patients.

Methods: Relevant English-language literature were searched and retrieved from PubMed (1995-2014) using the terms "Essential thrombocythemia, Calreticulin and JAK2".

Discussion: CALR can bind thrombospondin and vitamin K-dependent coagulation factors. Experiments have shown that CALR can increase clotting time in presence of platelets. In addition, CALR indirectly leads to activation of transcription factors effective upon cell development. ET patients with CALR mutation show thrombotic disorders, lower leukocyte count and hemoglobin, a high platelet count as well as longer survival and better prognosis than patients with JAK2<sup>V617F</sup> mutation.

Conclusion: Evaluation of CALR mutation in ET patients lacking JAK2<sup>V617F</sup> mutation can contribute to decisive disease diagnosis and prognosis. Moreover, considering the impact of CALR in increasing the clotting time as well as other functions of it, including calcium binding and protein folding, studies on this protein can provides a novel therapeutic approach in control of ET.

Keywords: Essential thrombocythemia; Calreticulin; JAK2<sup>V617F</sup>

Abbreviations: MPNS: Myeloproliferative Neoplasms; ET: Essential Thrombocythemia; CALR: Calreticulin; JAK2: Janus kinase2; BM: Bone Marrow; TPO: Thrombopoietin; EPO: Erythropoietin; PMF: Primary Myelofibrosis; MRD: Minimal Residual Disease; MPL: Myeloproliferative Leukemia

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# Introduction

ET was first recognized in 1934 by the name of hemorrhagic thrombocythemia. ET is characterized by an unusual thrombocytosis and risk of thrombotic and hemorrhagic disorders. The annual incidence of ET is approximately 1-2.5 per 100,000 population [1]. The incidence of ET is higher in those 50-70 years old, and is most often incidentally detected during a high platelet count. A number of patients have thrombotic and hemorrhagic disorders and a small number of them show disease transformation towards myelofibrosis, myelodysplasia or AML [2]. ET patients rarely show two simultaneous mutations. For example, mutation in JAK2<sup>V617F</sup> or JAK2 exon 12 rarely coincides with mutation in exon 10 MPL gene in ET [3-6]. Hence, since the definite diagnosis of ET is not feasible in patients without mutation in JAK2<sup>V617F</sup>, new biomarkers are required to identify such patients, including the newly discovered CALR protein. Remarkably, mutation in CALR has been detected in 29-80% of

ET patients lacking mutation in JAK2<sup>V617F</sup>. Moreover, ET patients with mutation in CALR show better prognosis than patients with JAK2<sup>V617F</sup> mutation lacking CALR mutation [7-11]. Mutation in CALR and JAK2<sup>V617F</sup> simultaneously occur in approximately 80% of ET patients. ET patients lacking mutation in both CALR and JAK2<sup>V617F</sup> can lack any mutation or show mutation in TP53, DNMT3A, TET2, MPL, NFE2, CUX1 and del 7q [12]. As a result, CALR mutation assay in ET patients, especially those lacking mutation in JAK2<sup>V617F</sup>, can be helpful in disease prognosis and diagnosis. Given the role and function of CALR and JAK2<sup>V617F</sup> in ET patients, in this review we have attempted to study the structure and function of CALR and JAK2<sup>V617F</sup>, their mutation and interaction in ET in order to better understand disease prognosis and diagnosis. In addition, we have attempted to suggest novel CALR-based therapeutic strategies according to different functions of CALR to help control the disease in ET patients, which requires further investigations.

# **Materials and Methods**

#### Literature search and search strategy

Given the recent discovery of CALR mutation in patients with ET harboring JAK2<sup>V617</sup> mutation, Pubmed and Medline search engines were searched from 1995 to 2014 and the papers were selected with respect to inclusion and exclusion criteria. The keywords selected for search from MeSH database include Essential thrombocythemia; JAK2<sup>V617F</sup> and calreticulin. The diagnosis of ET is based on criteria released in 2001 or 2008 by WHO and British Committee for Standards in Hematology (BCSH), respectively [13-15]. In the majority of studies, ET patients were selected from institutional databases based on availability of archived bone marrow or peripheral blood DNA for mutation screening, Sanger sequencing or allele-specific PCR (AS-PCR) to detect mutations, including CALR and JAK2<sup>V617F</sup>.

#### **Inclusion criteria**

After searching the databases, studies regarding JAK2<sup>V617F</sup>, CALR and ET were collected. Then, since evaluation of simultaneous prevalence of JAK2<sup>V617F</sup> and CALR mutations in ET patients was the main inclusion criteria, the papers assessing both CALR and JAK2<sup>V617F</sup> mutations in ET patients entered into our study. In addition, studies evaluating the incidence of thrombosis and other laboratory findings such as Hb, Plt and WBC counts as well as detecting the above-mentioned mutations were included. Finally, the data were collected and analyzed **(Figure 1)**.

#### **Exclusion criteria**

Studies dealing with the prevalence of JAK2<sup>V617F</sup> and CALR mutations in MPNs other than ET were excluded. Afterwards, studies that only measured the prevalence of CALR but not JAK2<sup>V617F</sup> and vice versa were also excluded. A number of papers had evaluated JAK2<sup>V617F</sup> and CALR mutations but no other laboratory findings like thrombosis, Hb, Plt and WBC count and were also excluded.

# JAK2 as a main biomarker in ET diagnosis and prognosis

ET patients are divided to two groups: those bearing JAK2<sup>V617F</sup>

mutation and those lacking it [16-22]. Patients with JAK2<sup>V617F</sup> mutation commonly have hemoglobin levels lower than 16 g/dL, WBC count lower than  $9.0 \times 10^9$ /L and BM with higher cellularity [7-11]. These values are different in ET patients bearing CALR mutation, and lower Hb and WBC values with a higher platelet count have been reported in them [7-11]. A higher risk of thrombosis and vascular abnormalities has also been reported in ET patients bearing JAK2<sup>V617F</sup> mutation [16-22]. Therefore, this group of ET patients shows a poorer prognosis than patients lacking this mutation (**Tables 1 and 2**).

JAK2<sup>V617F</sup> mutation in exon 14 of chromosome 9 is a common mutation in identification of MPNs, including ET, which plays an important role in signaling of cytokines (including TPO) affecting hematopoietic cells [23]. This pathway is involved in cellular mechanisms, including proliferation, survival, hematopoiesis and immune function [24]. Each JAK2<sup>V617F</sup> protein includes an active tyrosine kinase domain of JAK2<sup>V617F</sup> homology1 (JH1), an inactive catalytic domain of JH2, Src homology domain 2 (SH2) and a 4-point-1erzin radixin moesin (FERM) domain in the amine terminal (Figure 2A) [23,24]. A point mutation in exon 14 of JAK2 $^{V617F}$  gene results in substitution of codon 617 (valine) with phenylalanine in the JH2 domain, which causes inactivation of its inhibitory effect on JAK2  $^{\rm V617F}\!$  , through which tyrosine kinase activity in JAK2<sup>V617F</sup> is induced in the absence of TPO and EPO ligands. The expression of JAK2<sup>V617F</sup> mutation causes sustained activity of JAK2<sup>V617F</sup> signaling pathway as well as other signaling pathways, resulting in increased sensitivity of megakaryocyte and leukocyte precursors to growth factors, causing their cytokine independent proliferation [25]. This mutation triggers the cytokine-independent activation of JAK/STAT, PI3, AKT and MEK/ ERK pathways (Figure 2B), all of which are involved in signaling of hematopoietic factors such as TPO, EPO and Granulocyte-Colony Stimulating Factor [26]. JAK2<sup>V617F</sup> signal transduction pathway plays an important role in cell signaling, and mutations in it can be of clinical importance [27]. Since JAK2  $^{\rm V617F}$  pathway causes ineffective hematopoiesis and megakaryopoiesis as well as splenomegaly in patients, the patients bearing this mutation have a higher incidence of thrombotic disorders with higher leukocyte count and hemoglobin concentration than in patients lacking mutation. JAK2<sup>V617F</sup> inhibitors like Ruxolitinib are involved in reducing ineffective hematopoiesis, megakaryopoiesis and splenomegaly in ET patients [25]. Mutation in JAK2<sup>V617F</sup> is present in 80-90% of patients with Polycythemia Vera (PV), 50-58% of patients with ET, 50-65% of patients with idiopathic PMF and 20% of non-classified MPN patients [28-31]. It is also observed in a small group of myelodysplastic syndromes, acute myelomonocytic leukemia, acute myeloid leukemia (AML), chronic myelogenous leukemia (CML) and other MPNs such as Philadelphia negative myeloid leukemia [32]. Although JAK2 $^{\mbox{\tiny V617F}}$  mutation was first reported to be negative in CML with Philadelphia positive chromosome, subsequent studies have confirmed the presence of mutant JAK2<sup>V617F</sup> in CML [33-36]. In presence of this mutation, overactive JAK2<sup>V617F</sup> causes increased production of megakaryocyte, erythroid and granulocytic series with the expansion of erythron associated with splenomegaly [37,38]. ET patients bearing JAK2<sup>V617F</sup> mutation show a stronger prothrombotic status due to significant increase in the expression

		• • •	
	Positive JAK2 <sup>V617F</sup>	Negative JAK2 <sup>V617F</sup>	Reference
	77	34	[17]
	76	103	[21]
	73	77	[16]
	380	366	[20]
	61	47	[22]
Patients Number	60	46	[19]
	79	94	[18]
	35 (46.7%)	10 (29.4%)	[17]
	34 (33%)	13 (17%)	[21]
	17 (23.3%)	15 (19.5%)	[16]
Thrombosis (%)	53 (14.0%)	24 (6.6%)	[20]
	21 (34.4%)	14 (29.8%)	[22]
	20 (33.3%)	4 (8.6%)	[19]
	10.9 ± 4.2)	10.3 ± 3.4	[17]
	9.9 ± 0.	8.1 ± 0.3	[21]
	10.7(5.0-24.1)	9.1(4.0-29.8)	[16]
	11.1 (4.0-29.6)	8.9 (4.0-24.8)	[20]
	10.7 (5.7-26.1)	8.9 (3.7-29.4)	[22]
WBC (×10 <sup>9</sup> L) (median, S.D.)	9.2 ± 2.8	8.1 ± 2.0	[19]
	11.69 ± 5.47 (5.8-43.8)	11.48 ± 7.82 (4.3-49)	[18]
	13.8 ± 1.7	13.1 ± 1.8	[17]
	$14.4 \pm 0.14$	$13.5 \pm 0.14$	[21]
	14.6 (10.9-17.6)	14.0(9.0-16.4)	[16]
Hb (g/dL) (median, S.D.)	14.5 (53-16.4)	13.3 (5.1-16.4)	[20]
	13.6 (10.0-17.3)	12.8 (7.3-17.5)	[22]
	$14.40 \pm 1.64$	13.05 ± 2.3	[18]
	900 ± 347	963 ± 316	[17]
	767 ± 26	858 ± 35	[21]
	1000 (509-3000	1000 (454-3460)	[16]
	808 (458-3958)	969 (460-3635	[20]
	942 (474-2,271)	954 (608-2,333)	[22]
PLT (×10⁰L⁻¹) (median, S.D.)	650 ± 145	766 ± 195	[19]
	867.9 ± 332.58	874.89 ± 370.26	[18]
Prognosis of ET	poor	Controversial	[16-22]
Diagnosis of ET	confirm	Controversial	[16-22]

Table 1 Clinical findings of ET patients and their application in diagnosis and prognosis.

of tissue factor, fibrinogen and a high tendency to form leukocyteplatelet aggregates. Therefore, this mutation may be one reason for the increased thrombotic disorders and poorer prognosis in these patients, whereas there are fewer thrombotic disorders and better prognosis in patients lacking this mutation [16-22]. Moreover, JAK2<sup>V617F</sup> and MPL mutations have been reported in 50-60% and 5-10% of ET patients, respectively. However, 30-45% of ET patients lack these mutations, which has caused contradictions and difficulties in diagnosis of ET by physicians [31]. Therefore, finding new markers contributing to definitive diagnosis and prognosis of TE patients is inevitable.

### Minimal residual disease and JAK2

Since the detection of JAK2<sup>V617F</sup> mutation is important in the diagnosis of MPNs, sensitive and specific detection methods of JAK2<sup>V617F</sup> mutation can be helpful for monitoring of the disease. New diagnostic techniques such as sequencing not only contribute to better diagnosis and treatment of ET, but may be helpful in MRD detection and monitoring the response to



treatment. Mutation-specific qPCR primers provide a sensitive and accurate method to detect JAK2 $^{V617F}$  mutation [39]. Studies

	Positive JAK2 <sup>V61/F</sup>	Positive CALR	Reference
	240	99	[10]
	466	176	[8]
	227	114	[7]
	369	89	[9]
Patients Number	154	96	[11]
	72 (30.0)	13 (13.1)	[10]
	33 (7.1%)	5 (2.8%)	[8]
	86 (38%)	28 (25%)	[7]
	111 (30.1)	12 (13.5)	[9]
Thrombosis (%)	27 (18%)	6 (7%)	[11]
	11.1 (4.0-27.5)	8.6 (4.2-17.1)	[10]
	9.0 (4.0-28.0)	8.0 (4.0-17.9)	[8]
	9.8 (0.6-53.4)	8.3 (3.3-32.6)	[7]
	8.9 (4.2-35.0)	8.1 (3.5-26.0)	[9]
WBC (×10 <sup>9</sup> L) (median, S.D.)	10 (8-13)	9 (8-12)	[11]
	14.4 (66-165)	12.8 (85-165)	[10]
	14.4 (10-17.7)	13.8 (11.3-17.6)	[8]
	14.1 (9.8-17.9)	13.3 (6.9-16.4)	[7]
Hb (gr/dL) (median, S.D.)	14.5 (102-173)	13.8 (106-173)	[9]
	14.7 (134-156)	13.1 (120-145)	[11]
	734 (461-2421)	1060 (590-3340)	[10]
	700 (456-2148)	883 (500-3000)	[8]
	862 (453-3000)	1100(454-3460)	[7]
	726 (455-1881)	866 (504-2348)	[9]
PLT (×10 <sup>°</sup> L) (median, S.D.)	778 (651-992)	981 (767-1389)	[11]
Prognosis of ET	poor	good	[7-11]
Diagnosis of ET	confirm	confirm	[7-11]

Table2 Clinical findings of ET patients harboring JAK2<sup>V617F</sup> and CALR mutation, and their use in disease diagnosis and prognosis.

have shown that the detectable level of JAK2<sup>V617F</sup> mutation is <1% in some cases, which is lower than the level detected in a number of standard diagnostic techniques such as pyrosequencing [40]. Therefore, new techniques like qPCR can be suitable to detect the point mutations, including JAK2<sup>V617F</sup>, and can contribute to molecular detection of MRD and selection of therapeutic methods [32,41].

### Significance of CALR as a new biomarker in ET

As noted above, JAK2<sup>V617F</sup> mutation is the most common mutation in ET patients [16-22], but it is not present in all ET patients. This has caused problems in definitive molecular diagnosis of ET patients lacking JAK2<sup>V617F</sup> mutation. This led researchers to try for discovery of new markers for the diagnosis of ET patients without JAK2<sup>V617F</sup> mutation. CALR is a newly discovered mutation and is the second most common mutated gene in ET patients [7-9,41]. As mentioned above, although the diagnosis of ET patients is confirmed by JAK2<sup>V617F</sup> mutation, the presence of this mutation is an indication of poorer prognosis relative to patients without JAK2<sup>V617F</sup> mutation (Table 1) [16-22]. In contrast, the diagnosis of ET patients bearing CALR mutation is not only confirmed but indicates a better prognosis than patients with JAK2<sup>V617F</sup> mutation (Table 2) [7-11]. The data collected indicate the importance of CALR mutation in prognosis of ET patients. CALR is a 46kDa calcium binding protein within the lumen of endoplasmic reticulum, but it is also found in the nucleus, cell membrane and extracellular matrix. CALR is located in 19p13.2 locus, which contains nine exons in the size range of 4.2 Kb (Figure 3) [42]. CALR is involved in calcium homeostasis, transport of misfolded proteins, T-cell binding, immune response to cancer, phagocytosis, inhibition of apoptosis and activation of transcription factors such as NF-AT (Figure 4) [43]. Unusual down regulation of CALR has been reported in a variety of cancers, such as breast cancer, and is associated with reduced apoptosis of cancer cells [35,36]. Mutation in CALR and the absence of C-terminal domain results in loss of Ca2+ binding capacity [44]. The cells with low levels of CALR have decreased Ca2+ levels in ER and increased activity of calmodulin-Ca<sup>2+</sup>/calmodulin-dependent protein kinase II pathway [44,45]. Increased extracellular calcium due to deficiency or mutation in CALR can influence the development process of cells by preventing or activating the transcription factors. As a result, CALR is implicated in growth of cells such as lymphocytes and adipocytes [35,45]. Therefore, further research on CALR and its effect upon development of platelets and decreased growth of leukocytes in ET can be helpful. Thirty-six CALR mutations have been reported in PMF and ET. Type I deletion in exon 9 (52-bp deletion; c.1092\_1143del) and type II insertion in exon 9 (5bp insertion; c.1154\_1155insTTGTC) are the most frequent mutations. The frequency of CALR mutation in ET and PMF has been reported to be higher than other MPNs, while 100% of PV patients have been reported negative for CALR mutation, and only one case of CML has been reported positive for CALR

TCY OF CAL	R mutation in Entire ET	(		
nts	CALR mutation (%)	References		1
	176 (24%)	[8]		
	80 (31.2%)	[41]		N. d
	18 (34.4%)	[41]	NH <sub>3</sub>	N-U
	17 (25%)	[12]	Signal sequence 88	12
	99 (22.7%)	[10]	SH <sub>2</sub>	
	114 (28%)	[7]		

[9]

[31]

[11]

#### Table 3 Frequency of CALR mutation in Entire ET cohort.

89 (15.5%)

78 (25%)

96 (33%)

ET patie 745 250

> 576

311

289



A) Location of JAK2<sup>V617F</sup> mutation and other exon 14 Figure 2 mutations (from SH2 domain) in JAK2. Janus kinase (JAK2) mutations could exist as point mutations, duplications and insertions in essential thrombocythemia (ET) and other MPNs. Location of these mutations is the regulatory N terminal of pseudokinase, namely SH2 (Src-homology domain). JAK2<sup>V617F</sup> mutation is the most frequent mutation in these patients. B) Schematic figure of JAK2<sup>V617F</sup> mutation and TPO signaling. JAK2<sup>V617F</sup> mutation activates the transcription factors involved in myeloid and megakaryocytic proliferation, and can be assumed as the original cause of MPNS such as ET. Activated JAK2 kinase phosphorylates the tyrosine of STAT, which is dimerized and enters the nucleus, binding the regulatory sequence of target gene to regulate its transcription and increase the proliferation of myeloid and megakaryocytic progenitors. On the other hand, JAK2 phosphorylates Ras/MEK/ERK molecules that result in cell proliferation. Therefore, JAK2<sup>V617F</sup> mutation by STAT, Ras/ MEK/ERK and PI3K/Akt pathways results in proliferation of myeloid and megakaryocytic progenitors in the absence of TPO. JAK2 inhibitors (e.g. Ruxolitinib) inhibit both mutated and non-mutated JAK2 and do not discriminate between them.

mutation [31,41]. The frequency of CALR mutation in patients with ET (regardless of positive or negative mutation of JAK2<sup>V617F</sup>) is estimated to be 15-30%. The frequency of CALR mutation in patients with ET is shown in **Table 3 and Figure 5.** Moreover, recent studies on 10 cases of familial MPN with a history of myeloproliferative disease showed that 2 out of 10 ET patients had a mutation in CALR, which indicated that the mutation is not



restricted to sporadic MPNs and can also occur in familial cases [46]. Comparing **Tables 1 and 2** shows that platelet count is higher in ET patients with CALR mutation than those bearing JAK2<sup>v617F</sup> mutation. WBC and hemoglobin levels as well as thrombosis occurrence are higher in ET patients bearing JAK2<sup>v617F</sup> mutation than patients with CALR mutation (**Figure 6**). These results and mutation diagrams along with laboratory data of patients from diagnosis through treatment can contribute to diagnosis, monitoring and prognosis of patients as well as MRD detection, offering a novel method to help patients, which requires further investigations.

# Coagulation disorders in ET and prognostic role of CALR

Most ET patients are asymptomatic and are fortuitously detected during CBC. A strong association has been found between JAK2<sup>V617F</sup> mutation and thrombotic disorders in ET [21], which are among ET manifestations. The nature of arterial and venous thrombosis is different in these patients. Arterial thrombosis mainly includes platelets (white clot) but venous thrombosis mostly consists of fibrin and red blood cells (red clot); however, several similarities between these two trends of thrombosis have been recently noted [47]. Studies have shown that leukocyte count is a better index for predicting thrombosis compared with platelet count, RBC and hematocrit [48]. In these patients, prothrombotic circulating endothelial cells have been reported, the majority of which bear the JAK2<sup>V617F</sup> mutation [49]. Cardiovascular disorders and thrombosis are more frequent in patients with mutant JAK2<sup>V617F</sup> compared to patients without the mutation [50,51]. Other symptoms of ET patients include deep vein thrombosis and pulmonary embolism [52-54]. ET patients bearing CALR mutation show lower hemoglobin and WBC than ET patients with JAK2<sup>V617F</sup> mutation, whereas the platelet count has been reported to be higher in ET patients with CALR mutation compared with those with JAK2<sup>V617F</sup> mutation (Figure 7). Studies indicated that



Schematic figure of CALR functions CALR is involved in Figure 4 processing of ER proteins and peptides involved in antigen presentation and processing. However, other molecule such as calnexin, Transporter associated with antigen processing (TAP), tapasin and  $\beta$ 2 macroglobulin play a role in this process. Binding to Ca2+ in ER is another function of CALR but mutated CALR loses this capacity; therefore, Ca2+ release in ER by sarco/endoplasmic reticulum Ca2+ ATPase (SERCA) channel is prevented, and free Ca<sup>2+</sup> in ER enters into cytoplasm through 1,4,5-triphosphate receptor (InsP3R) channel. Increased Ca2+ activates calcineurin, which dephosphorylates nuclear factor of activated t-cells (NF-AT), resulting in the transcription of target gene in DNA. If CALR translocates outside the cell, it may have a role in wound healing. CALR could act like a trap for opsonins like C1q that is a site for antibody binding recognized by FCR on phagocytic cell surface. On the other hand, CALR and CD91/LRP have a homology to bind C1q. CALR acts like a ligand to bind CD91/LRP on macrophages to help in phagocytosis of the apoptotic cell. CALR can bind endothelial cells, Thrombospondin (TSP) and vitamin K-dependent coagulation factors but does not change their coagulant properties and prolongs the blood clotting time.

ET patients with CALR mutation have a better thrombosis-free survival than patients with JAK2<sup>V617F</sup> mutation [55]. For example, among 300 Mayo Clinic ET patients, incidence of JAK2<sup>V617F</sup> and CALR mutations was reported 53% and 32%, respectively. In this study, ET patients with CALR mutation displayed better thrombosis-free survival compared to patients with JAK2<sup>V617F</sup> mutation [55]. The reduction in thromboembolic disorders may be due to decreased hemoglobin concentration and leukocyte count in ET patients with CALR mutation compared with those



Figure 5 Graph of CALR mutation frequency in ET.



and CALR positive mutation in ET. The left graphs show the TBR, Hb, Plt and WBC in JAK2 positive/negative cases. Right graphs show the TBR, Hb, Plt and WBC in CALR positive/negative cases. These data could help in diagnosis, prognosis and determination of MRD in ET in correlation with qPCR data from diagnosis to CR. Abbreviations: Minimal residual disease (MRD), Complete remission (CR), Thrombosis (TBR), Hemoglobin (Hb), Platelet (Plt), White blood cell (WBC). Quantitative polymerase chain reaction (qPCR).

bearing JAK2  $^{\rm V617F}$  mutation [31,56,57]. CALR has been recognized as a calcium-binding protein since a decade ago. CALR binds the



endothelial cells and vitamin K dependent coagulation factors (IX, X, VII and II) but causes no change in their coagulation activity (Figure 4). Moreover, CALR can interact with factor VIII and this interaction appears to be required for factor VIII secretion [58]. In animal models of thrombosis induced by electricity, Kuwabara et al found that intravascular injection of CALR helps prevent blood vessel occlusion [59]. Furthermore, CALR promotes angiogenesis via activating nitric oxide signaling pathway [60]. This activity is related to C-terminal domain of CALR, which is also found in platelets and may be associated with integrins [59]. The study of CALR as an anti-coagulant has shown that human and rabbit CALR dramatically prolong the whole blood clotting time. A similar increase was observed in clotting time of platelet-rich plasma but platelet poor plasma showed no difference in clotting time up to 300 seconds in the presence or absence of CALR. Therefore, CALR is likely to have anti-coagulation effect in association with platelet glycoproteins [59,61]. CALR acts as an anti-thrombotic agent [62,63]. As CALR can increase the clotting time, mutation in it causes a better prognosis in patients. Therefore, the possibility of a higher tendency of this molecule for vitamin K dependent coagulation factors and the resulting reduction in thrombotic disorders in ET patients could be one reason for the better prognosis in patients with this mutation, which requires further investigations. Several drugs like aspirin, hydroxyurea (HU),



(Ph) chromosome, which is the hallmark of CML. If Ph chromosome is absent, JAK2 mutation should be assessed in these patients. JAK2 mutation is present in most Ph negative MPN diseases such as ET, Primary myelofibrosis (PMF) and PV. In recent studies, CALR mutation has been assessed in Ph and JAK2 negative cases of MPN disorders. CALR mutation is completely negative and 60-80% positive in Ph and JAK2 negative PV and ET patients, respectively, and could be helpful for diagnosis of these patients.

Anagrelide and JAK2 inhibitors are used to treat and control ET. Aspirin decreases both venous and arterial thrombosis [64,65]. Studies have shown that in patients with JAK2<sup>V617F</sup> mutation with risk factors (high-risk ET), prescription of aspirin can affect the incidence of venous thrombosis [66,67]. Studies have indicated that aspirin use prevents venous thrombosis in lowrisk ET patients bearing JAK2<sup>V617F</sup> mutation [66]. However, in ET patients lacking JAK2<sup>V617F</sup> mutation and bearing JAK2<sup>V617F</sup> mutation without risk factors (low-risk ET), cardiovascular risk factors and thrombotic disorders can be reduced by aspirin prescription [66]. HU halts DNA synthesis and decreases the platelet production and thrombosis in high-risk ET patients [68]. Anagrelide therapy in these patients causes decreased production of platelets [33,69]. JAK2<sup>V617F</sup> inhibitors such as INC18424 (Ruxolitinib) suppress the signal induced by JAK2 $^{V617F}$  and decrease the platelet count [70]. The combination of old techniques with new methods can help improve the ET patients. The study of new molecules, their function and inactivation can present novel treatment approaches for control of ET. Hence, according to the anti-coagulant effects

of CALR, further studies on this molecule and understanding its mode of action can be a future treatment approach for ET.

# Simultaneous assessment of CALR and JAK2 in ET diagnosis and prognosis

ET patients are grouped based on risk factors, and previous history of thrombosis and age over 60 years are the most important risk factors. Increased leukocyte count at diagnosis is a predictive factor for thrombosis in ET and PV patients. ET patients with JAK2<sup>V617F</sup> mutation show a higher incidence of venous and arterial thrombosis compared with patients without this mutation, and this is also true in some patients with MPL mutation [51]. Increased BM reticulin fibrosis is a predictive factor for thrombotic and hemorrhagic disorders [33]. The study of BM and peripheral blood, application of WHO and BCSH criteria as well as JAK2<sup>V617F</sup> and MPL mutations are diagnostic approaches for ET. Hence, the discovery of new markers can help diagnose these patients. Since not all MPN patients bear the JAK2<sup>V617F</sup> mutation, detection of new mutations with a higher frequency (including CALR) can be helpful to better identify these patients. As previously mentioned (Figure 7), patients bearing CALR mutations show better survival and prognosis than ET patients lacking this mutation [55], which can help in the treatment and monitoring of these patients (Figure 8).

#### **Conclusion and future perspective**

Given that the classification of hematopoietic and lymphatic tumors is undergoing developments by WHO revision, new findings and mutations like CALR and their interaction with other mutations such as JAK2<sup>V617F</sup> can help in classification, diagnosis, treatment monitoring and choice of clinical ET tests in other MPNs such as IMP and PV. CALR has been implicated in coagulation through binding platelets and their glycoproteins as well as vitamin K dependent coagulation factors. ET patients with increased platelet count and mutation in CALR show better prognosis and survival with a lower frequency of thrombotic disorders relative to those lacking this mutation, which is another

indication of the association between CALR and coagulation. Therefore, since CALR binds to vitamin K dependent coagulation factors and increases the whole clotting time [59,61], we suggest the treatment or alleviation of symptoms in patients with thrombotic disorders via inhibition of CALR. Furthermore, the use of antibodies against CALR may be helpful for hemorrhagic complications in other disorders due to the role of CALR in increasing the clotting time. Mutated CALR can indirectly activate calcineurin via increased calcium levels. Mutated CALR has a lower capacity of Ca<sup>2+</sup> binding, thus Ca<sup>2+</sup> enters the cytoplasm from ER. This causes calcineurin activation, which causes transcription of NF-AT and affects the development process of the cells [36,43,44]. Considering low WBC count in ET patients bearing CALR mutation but high counts in those with JAK2  $^{\rm V617F}$  mutation, CALR may be implicated in development, growth and apoptosis of lymphocytes, adipocytes and cancer cells. Further studies on the role of CALR in the development process of WBC can be helpful in better recognition of ET and its treatment. Combined new and old treatments as well as JAK2<sup>V617F</sup> inhibitors, monitoring and comparison with CALR and its inhibitors can present novel methods for treatment of these patients. Detection of low levels of mutated JAK2<sup>V617F</sup> using sensitive and specific methods (e.g. qPCR), laboratory findings of ET patients and their comparison can contribute to MRD detection and disease monitoring during therapy.

# Authorship

All authors drafted and approved this manuscript.

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# **Conflict of Interest**

The authors declare no conflict of interest.

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