

Finding New Ways to Improve the Heal of the Physical and Mental Wounds

An overview

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Abstract

War is a tragedy with thousands of young people disabled, it claims thousands of lives, but even more young guys left crippled. After all, currently our country faces 2 major tasks of strategic importance: 1) to preserve the lands reclaimed, and 2) to ensure the maximum preservation of the viability of the military personnel who suffered in this war, because the prospects of the loyalty of people, fighting spirit, and their effectiveness depend on the timely solution of these tasks. In general, veterans can regain a sense of control over their bodies by engaging in outdoor sports, but they also need a positive community attitude as they try to support themselves in sports for people with disabilities. For servicemen undergoing rehabilitation many problems arise due to complex character of their injuries.

At the first stage of medical intervention, the doctor is faced with the main task: saving the life and health of the soldiers, so he has little time to study in detail the psychosocial factors that can affect the final results. At the first stage of treatment, unnecessary questions to the patient may even lead to an ineffective result. However, some observations have revealed significant differences in the response to rehabilitation treatment, even in geographically close countries. Therefore, in the subsequent stages, it is important to take into account spiritual factors that will certainly affect recovery and rehabilitation. Thus, to better support the recovery and rehabilitation of people with injuries, more research is needed to organize human-centered care. Some of the organizations in our country, such as «Witness Support» and «Life Support», study the interests of servicemen, the needs of the families of those who lost loved ones in the war, and try to solve these problems as soon as possible, helping them not only and not so much materially, but also morally. They arrange meetings of civilians with veterans, help veterans to support their families. If during this period the wounded recover from physical and mental illnesses interacting with the civilian population, they are more successful in overcoming difficult problems. To summarize all of the above, we can conclude that health and well-being depend on more factors than just medical care, and we must continue to look for the best ways to rehabilitate people with disabilities who saved our lives.

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Biography

Mahira Amirova Firudin is working as a professor Biochemistry at Azerbaijan Medical University. Her research interests are Biochemistry and Biotechnology concepts. She published many papers in international